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| **DAY** | **OIL/NO OIL** |
| **MONDAY** | **OIL** |
| **TUESDAY** | **FRESH HAIR / NIGHT- KEEP OIL** |
| **WEDNESDAY** | **OIL** |
| **THURSDAY** | **OIL** |
| **FRIDAY** | **FRESH HAIR / NIGHT-KEEP OIL** |
| **SATURDAY** | **OIL** |
| **SUNDAY** | **OIL** |
| **“Growing Your Hair Takes Time, Patience And Care -Just Like Achieving Your Dreams”.And Long Hair Teaches You The Value Of Patience And The Beauty Of Transformation** | |

**THE PATH TO LONG HAIRS**